VOETVOLK | LISBETH GRUWEZ

THE SEA WITHIN



(© Danny Willems)

ABOUT THE SEA WITHIN:

"We are very good at taking things apart these days, but we usually forget to piece them back together."

(Lisbeth Gruwez)

Having finished her highly acclaimed 'triptych of the ecstatic body' – comprising *It's going to get worse and worse and worse, my friend*, *AH/HA* and *We're pretty fuckin' far from okay* – Lisbeth Gruwez is changing course.

The eruptive choreographies that established her reputation are now making space for incessantly swirling magma. *The Sea Within* is a magnetising dance performance in which Gruwez no longer wants to order the chaos, but lets the chaos create or become its own order. Still just as sharp and intense, but no longer zooming in on individuals, she lets ten dancers dissolve in a grand, breathing landscape.

For the first time in her career Gruwez is not dancing her own choreography but selected a group of ten female dancers. Ten powerful lotus flowers that are symbols of connection. Together, they bring a new, contemporary ritual in which the 'we' embraces the 'I'.

As usual, Maarten Van Cauwenberghe is writing the score to this performance, assisted by Elko Blijweert and Bjorn Eriksson. Minimalistic synths and a tingling game with frequencies push their electronic sound design to the bottom of your senses.

CREDITS THE SEA WITHIN:

Concept and choreography: Lisbeth Gruwez

Music and sound design: Maarten Van Cauwenberghe, Elko Blijweert & Bjorn Eriksson

Performance: Ariadna Gironès Mata, Charlotte Petersen, Cherish Menzo,

Daniela Escarleth Romo Pozo, Francesca Chiodi Latini, Jennifer Dubreuil Houthemann, Natalia Pieczuro, Sarah Klenes, Sophia

Mage & Chen-Wei Lee

Dramaturgy: Bart Meuleman

Repetitor: Lucius Romeo-Fromm

Light design: Harry Cole

Scenography: Marie Szersnovicz

Technical director: Gilles Roosen / Thomas Glorieux

Production manager: Anita Boels

Communication assistant: Daan Borloo

Production: Voetvolk vzw

Coproduction: Royal Flemish Theatre, Festival de Marseille / Théâtre Le

Merlan, Rencontres Chorégraphiques Internationales de Seine-

Saint-Denis, TANDEM Arras-Douai, Theater Freiburg, Le Fond

du dotation du Quartz, La Rose des Vents, Theater Im

Pumpenhaus, Julidans, Kunstfest Weimar, CNN Nantes, CDC

Toulouse, Tanz im August / HAU Hebbel am Ufer Berlin,

Vooruit / Campo, Charleroi Danse & Key Performance

Residencies: Troubleyn | Jan Fabre, Charleroi Danse, Arts Centre BUDA &

Royal Flemish Theatre

With the support of: Arts Centre NONA, the Flemish Community, the Flemish

Community Commission & the Belgian Tax Shelter

Voetvolk is allied to Troubleyn | Jan Fabre and the Royal

Museum of Fine Arts Antwerp as 'company-in-residence'.

Voetvolk is 'artiste associé' of Le Quartz - Scène Nationale de

Brest.

ABOUT VOETVOLK:

Voetvolk is a contemporary dance and performance group, founded in Belgium

in 2007 by dancer/choreographer Lisbeth Gruwez and composer/musician

Maarten Van Cauwenberghe, who got to know each other in the artistic

laboratory of Jan Fabre.

With Fabre, they created As long as the world needs a warrior's soul, Je suis

sang and the famous solo Quando l'uomo principale è una donna, well-known

for its olive oil-drenched stage.

Voetvolk's work has been an ongoing conversation between corporal and

auditive movement ever since: Gruwez and Van Cauwenberghe direct each

other in order to achieve a symbiosis between the aural and the visual/physical.

So far, the company has produced ten shows of which six are still touring: apart

from The Sea Within these are the hypnotizing installation Penelope, the

intimate duo Lisbeth Gruwez dances Bob Dylan and the triptych of the ecstatic body, comprising It's going to get worse and worse and worse, my friend,

AH/HA and We're pretty fuckin' far from okay.

Their work has traveled around the world, from Singapore to Vancouver, and

has been selected for festivals of Avignon, Julidans, Tanz im August, Dance

Umbrella and the Venice Biennale, amongst others.

Link to the Voetvolk website: https://www.voetvolk.be

Link to Voetvolk's Vimeo profile: https://vimeo.com/voetvolk

Link to Voetvolk's Facebook page: https://www.facebook.com/Voetvolk/